

## Restoration Counseling, LLC

### COUNSELING RELATIONSHIP AND INFORMED CONSENT

Thank you for choosing Restoration Counseling, LLC to provide you with counseling services. Every effort will be made to ensure that your counseling experience is beneficial. Indiana law and the ethical standards of the counseling profession require that you be provided with information regarding your rights and responsibilities as a client and the limits of confidentiality. If you have any questions, please discuss them with your counselor.

#### **CLIENT RIGHTS:**

\_\_\_\_ Initials

1. To have the counselor available at the agreed upon appointment time.
2. To understand any issue related to his or her treatment or the counseling process.
3. To ask questions about his or her counselor, the counselor's methods, and/or the direction the counseling is headed.
4. To discontinue counseling at any time. Should the client decide to discontinue, the counselor may request a termination session to discuss progress or areas of continuing concern.

#### **CLIENT RESPONSIBILITIES:**

\_\_\_\_ Initials

1. To arrive for counseling sessions on time, so that the counseling session can be utilized maximally. Each session is 50 minutes in duration. If you are late, you will lose some of your session time, as your session will still end at the designated time.
2. To cancel appointments 24 hours in advance, so that the counselor can plan an alternative use of their time. With less than 24 hour notice, you will be responsible for half of your total regular appointment fee. Failure to show for an appointment without prior notice will result in a full charge for the session. In case of a serious emergency, school closings due to weather or illness, if you notify us immediately, we will reschedule your appointment without additional charge. Frequent cancellations may result in the termination of the client's counseling relationship with the counselor.
3. To cooperate with the client's counselor in the treatment planning and process.
4. To contact one of the following resources for immediate assistance if the client has a counseling emergency and is unable to reach the counselor:
  - a. Crisis Intervention (24 hours): 317.251.7565;
  - b. Helpline (24 hours): 317.926.4357;
  - c. St. Vincent, St. Francis and Community North Hospitals: 24 hour emergency counseling care available through their emergency rooms.
  - d. If client is unable to reach anyone through the above resources, the client should dial 911.

#### **LIMITS OF CONFIDENTIALITY:**

\_\_\_\_ Initials

1. The results of treatment or tests must be revealed to a court when a client has been ordered into treatment by court.
2. A counselor may take steps to protect a client or others from imminent danger, when a client threatens physical injury to self or others.
3. A counselor must report disclosures or reasonable suspicion of physical or sexual abuse or neglect of a minor to the local children's protective service.
4. Counselors and counselors in training may consult with a licensed supervisor about a client's progress.
5. Restoration Counseling's records are subject for disclosure in accordance with legal requirements.
6. In couple and family therapy, or when different members are seen individually, confidentiality and privilege do not apply between the couple or among family members. Your counselor will use his/her clinical judgment when revealing such information.

